



## Enjoy a Healthy School Meal this Winter

### How to Order: Online [www.kingswoodcatering.co.uk](http://www.kingswoodcatering.co.uk)

You have until Wednesday at midnight to order for the next week – just register, log on, order and pay – simple.

Please note there is a 10p administration fee for using this service.

If you are not able to order via the internet please give our office a call on 01536 201203 between 9am and 4.30pm so that we can arrange an alternative ordering method for you. Children entitled to Free Meals can make a choice and order online

**The price of a school dinner is £2.30 per day or £11.50 per week.**

**Special Offer:** 3 children for the price of 2 on full weeks. Please ring our office 01536 201203 for details

Orders for the start of the term can be placed up to midnight on Wednesday of the week before the children are due to have meals. Unfortunately if you miss the order cut-off date we are unable to accept late orders.

**If you have any difficulties ordering online please contact our office and we will try to help.**

We will do everything possible to provide the menu published, although occasionally there may be unforeseen circumstances which might result in a change to the menu without any notification. Drinking water and plain wholemeal bread is available daily. Some products may contain small bones. We do not use nuts in any of our recipes and our production kitchens are nut free, however we cannot guarantee that all the products purchased from our manufacturers have been made in a nut free environment. All fish products are from a sustainable source. Please see 'more information' on our website menus for allergen information.

**Cancellation – if your child is not in school we are not able to offer a meal credit unless we have been informed by midnight the day before.**

**Please contact our Office on 01536 201203 or email: [enquiries@kingswoodcatering.co.uk](mailto:enquiries@kingswoodcatering.co.uk)**



### Christmas Dinner

We will be serving a traditional Christmas Dinner in your child's school between 11th December and 20th December 2018. Please see our website for the date this is available in your child's school. During this period there may be days where a limited menu or no options are available due to activities and events within school or the school kitchen.



### Weeks commencing:

29/10/2018    19/11/2018  
10/12/2018    07/01/2019  
28/01/2019

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Choose one of the following delicious meals	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Main Meal	Pork Meatballs with Tomato Sauce Wholemeal Pasta Sweetcorn	Cheese and Tomato Pizza Baked Beans	Breaded Chicken Fillet with Sweet Chilli Dip Rice Mixed Vegetables	Roast Turkey Fillet with Gravy Roast Potatoes Yorkshire Pudding Diced Carrots	Salmon and Sweet Potato Fishcake Chips Garden Peas
2 Vegetarian Alternative	Quorn Swedish Balls in Tomato Sauce Wholemeal Pasta Sweetcorn	<b>NEW</b> Vegetable and Cheese Bake in a Roll Baked Beans	<b>NEW</b> Vegetable Chickpea and Potato Curry Rice Mixed Vegetables	Roast Quorn Fillet in Gravy Roast Potatoes Yorkshire Pudding Diced Carrots	Cheese & Pepper Quiche Chips Garden Peas
3 Picnic Lunch	Sliced Cheddar Cheese Sandwich	Houghton Ham in a Soft Roll	Tuna Mayonnaise Roll	Houghton Ham Sandwich	Sliced Cheddar Cheese Sandwich
4 Hot Pot or Salad	Arrabbiata Pasta	Mac and Cheese Hotpot	Chicken and Tomato Pasta Hotpot	Meaty Pasta Bolognese	<b>NEW</b> Spicy Vegetable Rice
5 Jacket Potato	Jacket Potato and Cheese	Jacket Potato and Tuna Mayonnaise	Jacket Potato with Baked Beans	Jacket Potato and Cheese	Jacket Potato and Baked Beans

Every picnic lunch includes fruit from the bowl, snack items and water

Pudding	Fruit Flavoured Yoghurt	Melon and Pineapple Platter	Apple Crumble and Evaporated Milk or Custard	Guildenburgh Biscuit	Iced Chocolate Sponge
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Weeks commencing:

05/11/2018 26/11/2018  
17/12/2018 14/01/2019  
04/02/2019

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Choose one of the following delicious meals	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Main Meal	<b>NEW</b> Quorn Dippers Potato Wedges Baked Beans	Beef Bolognaise Pasta Sweetcorn	Chicken Tikka Naan Bread Rice Mixed Vegetables	Roast Beef Slice and Yorkshire Pudding Gravy Roast Potatoes Diced Carrots	Harry Ramsden's Fish in Batter Chips Garden Peas
2 Vegetarian Alternative	<b>NEW</b> Butternut Squash Samosa Potato Wedges Baked Beans	<b>NEW</b> Vegetable and Mixed Bean Lasagne Sweetcorn	Sweet Potato and Vegetable Tikka Naan Bread Rice Mixed Vegetables	Roast Quorn Fillet in Vegetable Gravy Roast Potatoes Yorkshire Pudding Diced Carrots	Plain Omelette Chips Garden Peas
3 Picnic Lunch	Sliced Cheddar Cheese Sandwich	Houghton Ham in a Soft Roll	Tuna Mayonnaise Roll	Houghton Ham Sandwich	Sliced Cheddar Cheese Sandwich
4 Hot Pot or Salad	Arrabbiata Pasta	Mac and Cheese Hotpot	Chicken and Tomato Pasta Hotpot	Meaty Pasta Bolognaise	<b>NEW</b> Spicy Vegetable Rice
5 Jacket Potato	Jacket Potato and Cheese	Jacket Potato and Tuna Mayonnaise	Jacket Potato and Baked Beans	Jacket Potato and Cheese	Jacket Potato and Baked Beans

Every picnic lunch includes fruit from the bowl, snack items and water

Pudding	Frozen Yoghurt Tub	Melon and Pineapple Platter	Sweet American Pancakes & Honey	<b>NEW</b> Chocolate flavour Rice Krispy Cake	Iced Carrot Cake
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Weeks commencing:

12/11/2018 03/12/2018  
31/12/2018 21/01/2019  
11/02/2019

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Choose one of the following delicious meals	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Main Meal	<b>NEW</b> Chicken in Tomato and Fresh Basil Sauce Rice Green Beans	<b>NEW</b> Sausages Potatoes Garden Peas Gravy	<b>NEW</b> Spaghetti in Meaty Bolognaise Mixed Vegetables	Roast Chicken in Gravy Roast Potatoes Yorkshire Pudding Diced Carrots	Bubble Coated Fish Bites Chips Garden Peas
2 Vegetarian Alternative	<b>NEW</b> Quorn Pieces in Tomato and Fresh Basil Sauce Rice Green Beans	Linda McCartney Sausage Herb Potatoes Baked Beans	Macaroni Cheese Mixed Vegetables	Roast Quorn Fillet in Vegetable Gravy Roast Potatoes Yorkshire Pudding Diced Carrots	Plain Omelette Chips Garden Peas
3 Picnic Lunch	Sliced Cheddar Cheese Sandwich	Houghton Ham in a Soft Roll	Tuna Mayonnaise Roll	Houghton Ham Sandwich	Sliced Cheddar Cheese Sandwich
4 Hot Pot or Salad	Arrabbiata Pasta	Mac and Cheese Hotpot	Chicken and Tomato Pasta Hotpot	Meaty Pasta Bolognaise	<b>NEW</b> Spicy Vegetable Rice
5 Jacket Potato	Jacket Potato and Cheese	Jacket Potato and Tuna Mayonnaise	Jacket Potato and Baked Beans	Jacket Potato and Cheese	Jacket Potato and Baked Beans

Every picnic lunch includes fruit from the bowl, snack items and water

Pudding	Mini Blueberry Muffin	Melon and Pineapple Platter	French Butter Crepe with Syrup	Chocolate Flavoured Cookie	Banana Bread
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